



## **Elementary School Lunch Menu**

sale p		2017 – 2018		World Smile Day Oct 6th
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Fajita & Cheese Cup w/ Sour Cream and Salsa	Pork Roast w/ Gravy OR	Spaghetti w/ Meat Sauce w/ WG Roll OR	Cheese Sticks w/ Marinara Sauce OR	Special Olympics Day
OR	Chicken Nuggets	Fish Nuggets/ Hushpuppies &	Chicken Wrap w/	Hotdog w/ Chili
Pizza	WG Roll	Tartar Sauce	Lettuce and Tomato	OR OR
Refried Beans Steamed Carrots	Mixed Veggies	Corn Green Beans	Refried Beans Carrots w/ Dip	Sloppy Joe on WG Bun
Toss Salad w/ Dressing Choice	Broccoli/Cheese	Toss Salad w/ Dressing Choice	Caesar Salad	Cole Slaw Fries
Applesauce	Toss Salad w/ Dressing Choice	Dried Mixed Fruit Fresh Fruit	Peaches Fresh Fruit	Toss Salad w/ Dressing Choice
Frozen Fruit	Strawberries Fresh Fruit	WG Choc Chip Cookie	Milk Choice	Applesauce Fresh Fruit
Milk Choice 2	Milk Choice 3	Milk Choice 4	5	Milk Choice 6
Manday 9 Tuesday			BBQ Pork on WG Bun	Chicken on WG Bun
Monday & Tuesday	The same of the sa	NO SCHOOL	OR	OR
Oct 9 <sup>th</sup> & 10th	The state of the s	100	Fish w/ Tartar Sauce on WG Bun	Turkey & Cheese on WG Bun
	II Ducak	TEACHER	Baked Beans Cole Slaw	Toss Salad w/ Dressing Choice
	II Break	INSERVICE DAY	Tossed Salad w/ Dressing Choice	Lettuce & Tom
86	All and		Raisins Fresh Fruit	Steamed Carrots Fries
		October 11th	Blueberry Crisp	Mixed Fruit Fresh Fruit Milk Choice 13
Pizza	Mac & Cheese	Quesadilla w/ Sour Cream	Milk Choice 12 Corn Dog	Milk Choice 13 Hamburger on WG Bun
OR	Pintos	OR	OR	OR
Burrito w/ Sour Cream	OR	Chicken on WG Bun	Fish Nuggets w/	Turkey & Cheese on WG Bun
Green Beans	Black-eyed Peas	Fries	Hushpuppies & Tartar Sauce	Lettuce, Tomato, Onion,
Caesar Salad	Okra Cole Slaw	Refried Beans Salsa	Cole Slaw Corn	Veggies w/ Ranch Dressing
Carrots w/ dip	Sweet Potatoes	Lettuce & Tomato	Baked Beans	Toss Salad w/ Dressing Choice
Applesauce Frozen Fruit	Toss Salad w/ Dressing Choice	Toss Salad w/ Dressing Choice	Toss Salad w/ Dressing Choice	Pears
Milk Choice	Strawberries Fresh Fruit	Raisins Fresh Fruit	Peaches Fresh Fruit	Fresh Fruit
16	Ice Cream Milk Choice 17	Milk Choice 18	Milk Choice 19	Milk Choice 20
Chicken Fajita & Cheese Cup	Pork Roast w/ Gravy	Spaghetti w/ Meat Sauce w/ WG Roll	Hotdog w/ Chili	Cheese Sticks w/ Marinara Sauce
w/ Sour Cream and Salsa	OR	OR	OR	OR
OR	Chicken Nuggets	Fish Nuggets/ Hushpuppies &	Sloppy Joe on WG Bun	Chicken Wrap w/
Pizza	WG Roll	Tartar Sauce	Cole Slaw	Lettuce and Tomato
Refried Beans Steamed Carrots	Mixed Veggies Broccoli/Cheese	Corn Green Beans	Fries	Refried Beans Carrots w/ Dip
Toss Salad w/ Dressing Choice Applesauce	Toss Salad w/ Dressing Choice	Toss Salad w/ Dressing Choice Dried Mixed Fruit Fresh Fruit	Toss Salad w/ Dressing Choice Peaches Fresh Fruit	Caesar Salad Pears Fresh Fruit
Frozen Fruit	Strawberries Fresh Fruit	WG Choc Chip Cookie	Milk Choice	Milk Choice
Milk Choice 23	Milk Choice 24	Milk Choice 25	26	27
Teriyaki Chicken w/ WG Rolls	Chicken Nuggets	Time Griolec 25		Build a Healthy Lunch
OR	OR		Engite	Dulla a Healthy Lunch
Pizza	Lasagna		Grains	Meat or Meat Milk Milk Milk Milk
Broccoli w/ Cheese	WG Roll		Vegetables	Alternates
Carrots w/ Dip	Green Beans Cream Potatoes		Protein	
Toss Salad w/ Dressing Choice	Toss Salad w/ Dressing Choice			Fruits Vegetables
Applesauce Frozen Fruit	Strawberries Fresh Fruit	THE STATE OF THE S	Your lunch tray must have at least	
Milk Choice 30	Milk Choice 31	Happy Halloween!	½ cup of Fruit or Veggie on it	

Students must have a lunch from home or school to be eligible to purchase the following items:

This institution is an equal opportunity provider

12 oz. Bottle Water every day for \$.75, Frozen Fruit (4.4 oz. cup of 100% fruit juice) on Thursdays for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75. NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.